



rehabilitation, hospital & home care equipment

Choosing an Adjustable Bed

Adjustable bed options.

1. Height Adjustment.

This option is also referred to as a HI / Lo option. It raises and lowers the mattress height to assist with:

- Getting in and out of bed easily.
- Transferring to and from a wheelchair at the same height as the bed.
- Making the bed
- Minimising the risk of injury to someone caring for the person in the bed.
- Making transfers with a hoist easier.

2. Head Elevation.

This option raises the head of the bed, supporting the person's back and head. It can assist with:

- Sitting up in bed with support.
- Getting out of bed.
- Changing position in bed, to different angles.

3. Leg Elevation.

This option can be used to elevate the lower legs for comfort, or to assist with circulation and fluid drainage.

4. Knee Break

This is a leg elevation option which supports the thighs on an angle, and keeps the lower legs elevated parallel to the mattress.